

Ron Ka Ma Gé®



no auditioning – no stress with reading music

Vitality
Joie de vivre
Energy



Photo: Tanja Niemann

Singing along with *Trio A Due*®

Almut Seebeck Soprano
Felicitas Weyer Mezzosoprano & Piano



Singing is the true mother tongue of all human beings...

Lord Yehudi Menuhin

Our voice – the most fundamental instrument of mankind

From birth onwards, we have been given the ability to articulate emotions and needs through tones and sounds. This natural gift often goes astray in the course of human development.

What happens? You get a lump in your throat, are convinced you cannot sing, you become inhibited and unsure of yourself. Do you not often yearn for a return to deeper feelings, to life-giving joy, natural joie de vivre and energy – relaxation for body, soul and mind?



Singing with Trio A Due

As third generation scholars of the legendary tenor Benjamino Gigli, Almut Seebeck and Felicitas Weyer manage to create a beautiful effortlessly flowing vocalization with their superb mastering of the belcanto technique. Thanks to their application of special rehearsal method no knowledge of music reading is required. We are able to learn in no time by ear and by repetition, employing our naturally existing resources. By offering a very varied programme, through their natural manner and professionalism, Trio A Due manage to enthrall and unite young and old.

Both Dr. Almut Seebeck and Felicitas Weyer have spent many years creating collective singing activities: in the concert hall or open air with 2,500 participants, with hospital patients, at the traditional morning singsong at the Academy on the Sea Sylt/Germany... All workshops enjoy great popularity, success and fascination on behalf of the participants. Also for singing group leaders the seminars offer an extraordinary opportunity to get to know new aspects and to incorporate them into their work.

It's all there. You just have to let it out.

Almut Seebeck, Felicitas Weyer



Singing is the true mother tongue of all human beings...

Lord Yehudi Menuhin

Our voice – the most fundamental instrument of mankind

From birth onwards, we have been given the ability to articulate emotions and needs through tones and sounds. This natural gift often goes astray in the course of human development.

What happens? You get a lump in your throat, are convinced you cannot sing, you become inhibited and unsure of yourself. Do you not often yearn for a return to deeper feelings, to life-giving joy, natural joie de vivre and energy – relaxation for body, soul and mind?



Singing unites – different people and personalities, from all nations and cultural backgrounds

Singing knows no barriers, clears stress and releases muscular tension. We experience a feeling of inner and outer harmony. In practicing the basics of 'bel canto'* voice technique, we will experience the versatility and wealth of nuances in our voice. With professional piano accompaniment, elements of rhythm and body percussion ours is to establish a playful and holistic approach to vocal music. Our song programme from "ABBA to Bach" embraces music from different cultures and epochs: folksongs, spirituals, from romantic to pop and musical – for it is this very variety which generates such passion, excitement and joie de vivre!

** a lyrical style of operatic singing using a full rich tone and smooth phrasing*



Singing – for wellbeing of body and soul – makes you feel so good and keeps your brain active

Singing modulates neuronal activity in the brain and brings about regulation and harmonisation of mental processes. Already after singing for about half an hour the production of the stress hormone, adrenaline, sinks. The amount of antidepressants naturally produced in the body such as beta-endorphin and serotonin increases. The cortex areas of the brain responsible for anxiety and negative moods are regulated. Singing regularly improves our breathing

capacity. Our body's oxygen supply will be increased. It stimulates our blood circulation. The Immunoglobulin A, our most important mucous membrane antibody, increases in production. Singing leads to cognitive regeneration; areas of the brain responsible for speech and gross and fine motor skills are activated. Thus, the interconnection of the hemispheres is optimised. Singing boosts your social skills.

Trio A Due: Two Voices – Two Hands – Three Sounds

Two voices – two hands – three sounds uniting with rare charm and artistry to delight modern audiences. Like the witches in Goethe's Faust who made three from two through their sorcery, these musical magicians enchant their listeners with the bewitching blend of Almut Seebeck's clear lyric soprano, the warm timbre of Felicitas Weyer's natural mezzo, and her expert piano accompaniment. Their critical acclaim and popularity reflects the rare warmth they evoke in their audiences with their musical magic. Trio A Due have performed all over Germany; a burgeoning international career has taken them so far all over Europe, Asia and Australia (2001 Opera House Sydney). CD recordings and numerous radio/television productions (DLR Berlin, HR,SFB,NDR,BR, Deutsche Welle, ABC and SBS Australia) have made them known to a wide audience. Trio A Due received the highly valuable, inaugural award of the German Niggemann Foundation for talented artists.

Dr. Almut Seebeck (Soprano) was born in Bremen, Germany. She was awarded a scholarship by the Studienstiftung des Deutschen Volkes to take up studies in medicine and voice. After her degree, M.D. thesis and admission to the medical profession, she focused on music, studying with Karl-Heinz Jarius and Ingeborg Hallstein. Almut Seebeck holds a lectureship for Liedgestaltung at the University of Queensland/Australia. In addition to her artistic activities, she works as a specialist doctor in psychosomatic medicine and psychotherapy in her own practice.

Felicitas Weyer (Mezzosoprano & Piano) was born in Erlangen/Germany into a family of musicians. She studied piano with Norman Shetler and Andrzej Jacinski, song with Karl-Heinz Jarius as well as musicology. Felicitas Weyer holds lectureships for song and Liedbegleitung at the College of Music/University of Würzburg/Germany as well as at the University of Queensland/Australia.



The season of the singing has come.

Song Of Songs 2,12

RonKaMaGé®

Singing – a source of joy

- for young and old
 - small group or large event
 - as a day or weekend workshop or week seminar
 - as a concert event
 - in the concert hall, auditorium or open air
 - in schools, places of higher education, universities
 - in educational establishments, churches, community centres,
 - in rehabilitation clinics, senior residences
 - in hospitals
 - in companies
 - for an exclusive private function
- *Everything is possible – almost!*

Trio A Due

Dr. med. Almut Seebeck
Felicitas Weyer

Albertsleitenweg 52
97080 Würzburg

Phone: +49 (0) 931 – 96 02 40
+49 (0) 172 – 266 33 15

info@trio-a-due.de
www.trio-a-due.de